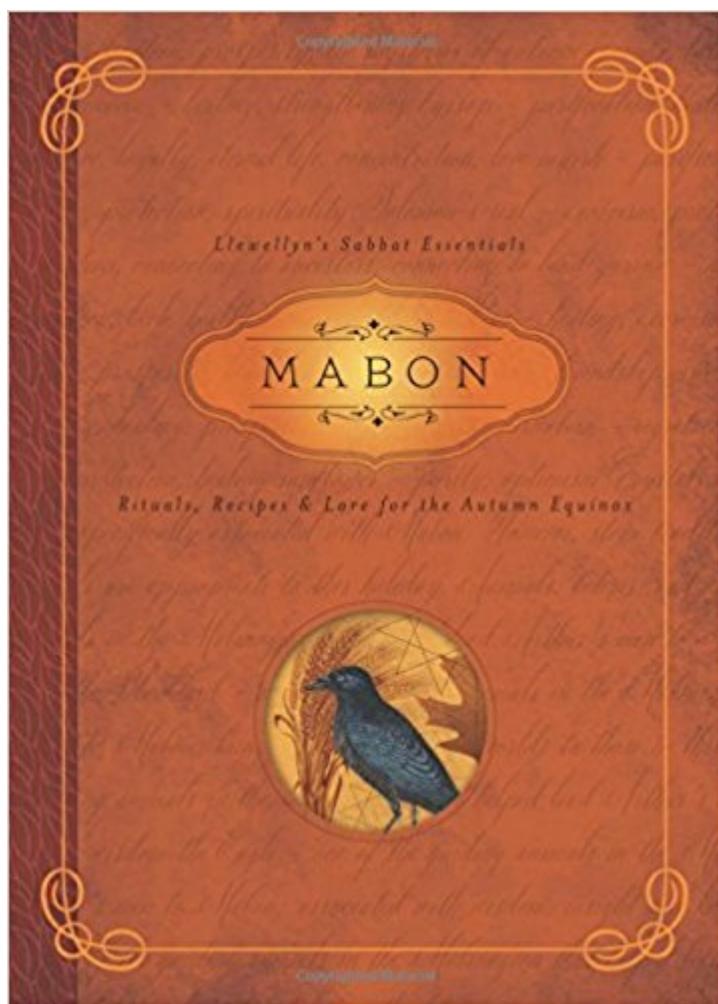


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# Mabon: Rituals, Recipes & Lore For The Autumn Equinox (Llewellyn's Sabbat Essentials)



## Synopsis

A thanksgiving celebration for the second harvest Mabonâ •also known as the Autumn Equinoxâ •is a time to honor the spiritual significance of harvest, sacrifice, and survival. This guide shows you how to perform rituals and work magic that incorporates the shifting balance between light and dark that reaches its pinnacle during the equinox. Rituals Recipes Lore Spells Divination Crafts Correspondences Invocations Prayers Meditations Llewellyn's Sabbat Essentials explore the old and new ways of celebrating the seasonal rites that are the cornerstones of the witch's year.

## Book Information

Series: Llewellyn's Sabbat Essentials (Book 5)

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Average Customer Review: 4.7 out of 5 stars 37 customer reviews

Best Sellers Rank: #6,415 in Books (See Top 100 in Books) #2 in Books > Religion & Spirituality > New Age & Spirituality > Wicca, Witchcraft & Paganism > Paganism #3 in Books > Religion & Spirituality > New Age & Spirituality > Wicca, Witchcraft & Paganism > Wicca #4 in Books > Religion & Spirituality > New Age & Spirituality > Wicca, Witchcraft & Paganism > Witchcraft

## Customer Reviews

Llewellyn Publications has grown and expanded into new areas of personal growth and transformation since it began as the Portland School of Astrology in 1901. Along with the strong line of astrology books the company was founded upon, Llewellyn publishes books on everything from alternative health and healing, Wicca and Paganism, to metaphysics and the paranormal-and since 1994 has published a growing list of Spanish-language titles. Llewellyn has long been known as one of America's leading publishers of New Age books, producing a wide variety of valuable tools for transformation of the mind, body and spirit. Reach for the Moon-and discover that self-help and spiritual growth is what Llewellyn is all about.Diana Rajchel lives at the western edge of San Francisco, right by the Pacific Ocean and the wilds of Golden Gate park. She currently runs the Bay Bridge Pagan Society, a social-only group that encourages Pagans of different traditions to come

together in fellowship or at the very least recipe-swapping. While she does hold a 3rd degree elevation in a Wiccan tradition (Shadowmoon) she finds her priestess calling leads her much more to community outreach and real life integration than it does to covening. While she hates camping, she loves nature - and sees urban life as an often overlooked opportunity for magical and spiritual experience. Rajchel has a long history of community organizing and interconnection in her former beloved community in Minneapolis, MN. At present she runs the Emperor Norton Bay Bridge Pagan Social near Seacliff in San Francisco.

This is a great books serious. I wouldn't use these as a dependent everyday book but these do have useful knowledge and are just pretty read to add to your collection either way. I hope this serious gets a little more attention and continues with there collection. Also adds a nice touch of color to your study's or alter each season.

Best author in the series. She knows how to do her research into the history of the holiday and how to write prayers and rituals for modern Wiccans. If the whole series had been this good I'd have not returned it.

Excellent book series.

Loved learning more about Mabon, both old and new ways. There's the recipe section, crafts, and ritual section. Great little learning tool.

Great for Mabon. Easy rituals, recipes and more! A must have for all levels of Pagans!!

Great book for new or experienced to learn more about Mabon

Excellent resource tool very good writing. I plan on purchasing the entire set.

this is very interesting for new pagans learning of the faith and for autumn lovers

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